Meetings of the Tulsa Food Security Council are open to all who share an interest in improving local food security and access to healthful food in the Tulsa metro area.

Meetings are held on the 4th Monday of each month from 11:30 am to 1:00 pm at Indian Health Care Resource Center of Tulsa, 550 S. Peoria, Tulsa, OK.

The Tulsa Food Security Council is setting the P.A.C.E. to improve health and wellness, food security and quality of life for all of Green Country.

**Policy**
Advocate for policy change to improve our food system.

**Awareness**
Bringing attention and education to the public regarding health related issues.

**Connectivity**
Building community and facilitating trust across a broad range of cultures through education of food, health and wellness.

**Economics**
Fostering sustainable entrepreneurial opportunities around food systems.

Contact Information:
Katie Plohocky
2012 Council Chair
Tulsa Food Security Council
(918) 346-3788
www.tulsafoodsecurity.org

To receive notices of upcoming meetings or to request additional information, send an email to: kplohocky@gmail.com

Community Partners of the Tulsa Food Security Council – Partial list

**Community Action Project Tulsa County (CAP)**
www.captc.org
Community Action Project of Tulsa County is a comprehensive anti-poverty agency that provides supportive services to low-income families in the Tulsa area.

**Community Food Bank of Eastern Oklahoma (CFBEO)**
www.cfbeco.org
Located in Tulsa, CFBEO distributes food and other grocery items to 450 partner programs in 24 counties of eastern Oklahoma. In turn, those programs collectively feed 60,000 people each week, the equivalent of 865,000 meals per month.

**Get Lean Tulsa**
www.getleanok.org
Working together with community partners, Get Lean Tulsa promotes projects to help Tulsans improve their health awareness, nutrition goals and fitness levels, while also educating children and their parents on health and fitness models.

**Healthy Community Store Initiative (HCSI)**
The mission of the HCSI is to improve access to healthy food. HCSI assists businesses improve bargaining power, reduce costs and obtain competitively priced wholesale products otherwise unavailable to small grocery operators, restaurants and local nonprofit organizations.

**INCOG Area Agency on Aging (IAAA)**
www.in cog.org/Agency_on_Aging
The mission of the Area Agency on Aging is to improve quality of life by promoting independence, dignity and health for senior citizens through advocacy, education and support of community based services.

**Indian Health Care Resource Center of Tulsa (IHCRC)**
www.ihcrc.org
Through a network of school and community gardens, IHCRC promotes improved nutrition for Tulsans living in areas with high health disparities and food deserts.

**Mvskoke Food Sovereignty Initiative (MFSI)**
www.mvskokefood.org
MFSI works to enable the Mvskoke people and their neighbors to provide for their food and health needs now and in the future through sustainable agriculture, economic development, community involvement, cultural and educational programs.

Continued
What is Food Security?

According to Oklahoma’s Kerr Center for Sustainable Agriculture, a community is food secure when...

- There are adequate resources (such as grocery stores or farmers markets) from which people can purchase foods.
- Available resources are accessible to all community members.
- Food available in the community is sufficient in quality, quantity and variety.
- There are adequate food assistance programs to help low income people purchase and prepare nutritious foods.
- Locally produced food is available to community members.
- There is support for local food production.
- Every household is food secure within the community.

Why Food Policy Councils?

Food Policy Councils began as a way to address the food system as a whole, often bringing the weight of local, county or state government behind grassroots initiatives. Food Policy Councils work across sectors, engaging with government policy and programs, grassroots and non-profit projects, local businesses and food workers. Instead of many advocates working on the isolated systems more environmentally sustainable and socially just.

Food Policy Councils often include anti-hunger and food justice advocates, educators, nonprofit organizations, concerned citizens, government officials, farmers, grocers, chefs, workers, food processors and food distributors. Food Policy Councils create an opportunity for discussion and strategy development among these various interests, and create an arena for studying the food system as a whole.

The central aim of most Food Policy Councils is to identify and propose innovative solutions to improve local or state food systems, spurring local economic development and making food systems more environmentally sustainable and socially just.

What is a Food Security/ Food Policy Council?

As described in a comprehensive overview study conducted in 2009 by Food First and the Community Food Security Coalition, a Food Policy Council consists of a group of representatives and stakeholders from many sectors of the local food system. Ideally, the councils include participants representing all five sectors of the food system:

- production
- consumption
- processing
- distribution
- waste recycling

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Community Partners – continued

Oklahoma Farm and Food Alliance (OFFA) www.okfarmandfood.com
The nonprofit OFFA is dedicated to advancing healthy, local food systems in Oklahoma through effective education and outreach, policy advocacy at every level of government, and food system networking.

The Pearl Farmers Market (PFM) www.pearlfarmersmarket.org
Operating on Thursday evenings from 4 to 7 pm in Centennial Park at Peoria and 6th Street, the mission of PFM is to improve access to nutritious local foods and support the development of sustainable local agriculture and food production.

Southwest Tulsa Chamber of Commerce www.swtulsachamber.com
The Southwest Tulsa Chamber of Commerce advances the general welfare and prosperity of the Southwest Tulsa Area so that its citizens and all areas of the business community prosper.

Sustainable Green Country (SGC) www.sustainablegreencountry.org
The mission of SGC is to interconnect the urban with the rural, to create a more sustainable community.

Sustainable Tulsa www.sustainabletulsa.org
Sustainable Tulsa promotes responsible economic growth, environmental stewardship and quality of life for all to achieve a vision for Tulsa to be recognized as the sustainability leader of the midwest.

Tulsa County OSU Cooperative Extension www.oces.tulsacounty.org
The Tulsa County Extension Office is part of the statewide Extension Service – it provides research-based information and education to help Oklahomans make their lives better.

Tulsa County Wellness Partnership (TCWP) www.wellnesspartnership.org
The TCWP conducts a community of excellence in nutrition and fitness program to change policy and environments in Tulsa County to make healthy nutrition and fitness the easy choice in schools, workplaces and communities.

Tulsa Health Department (THD) www.tulsa-health.org
The THD mission is to sustain an equitable system to prevent disease, promote healthy living and ensure preparedness.